

AST Midwintertest 2025
Aalst, 20/12/2025

1 - Open voorbereidingswedstrijd voor de winterkampioenschappen

20/12/2025 - 14:00

Programmanr. 1
20/12/2025 - 14:00

Dames, 100m vlinderslag

open leeftijdsgroep
Startlijst

Serie 1 van 2, 14:00

| | | | |
|---|----------------------|---------------|---------|
| 1 | Volders Ella | ZVL/21130/13 | 1:38.97 |
| 2 | Kolicheva Katalaya | AST/21076/14 | 1:28.83 |
| 3 | Wyffels Louise Marie | DDAT/21150/13 | 1:21.72 |
| 4 | De Groote Liesl | ZNA/21537/10 | 1:19.43 |
| 5 | De Vocht Anne-Julie | ZS/21119/11 | 1:21.15 |
| 6 | De Wolf Tine | AST/21058/09 | 1:22.05 |
| 7 | De Wilde Margot | DIZV/21131/13 | 1:29.48 |
| 8 | Vermeir Josefien | DDAT/21171/13 | 1:50.09 |

Serie 2 van 2, 14:02

| | | | |
|---|----------------------|----------------|---------|
| 1 | Caenepeel Aimée | ISWIM/21111/11 | 1:15.80 |
| 2 | Guisset Jelle | AST/21057/10 | 1:13.13 |
| 3 | Ruyssinck Diede | ZNA/21271/10 | 1:12.44 |
| 4 | Van Den Brecht Sarah | AZL/21085/10 | 1:10.97 |
| 5 | Engelen Floor | DBT/21146/12 | 1:11.46 |
| 6 | Jacobs Lotte | ZVL/21061/09 | 1:12.60 |
| 7 | Van Reeth Lieze | ZVL/21093/11 | 1:14.44 |
| 8 | Quartier Philine | ISWIM/21094/09 | 1:17.58 |

Programmanr. 2
20/12/2025 - 14:05

Heren, 100m vlinderslag

open leeftijdsgroep
Startlijst

Serie 1 van 2, 14:05

| | | | |
|---|----------------|--------------|---------|
| 1 | | | |
| 2 | | | |
| 3 | Lebbe Ilan | ZNA/11311/12 | NT |
| 4 | Havrin Liam | RZV/11148/13 | 1:31.22 |
| 5 | Verhaevert Fen | ZNA/11481/13 | NT |
| 6 | | | |
| 7 | | | |
| 8 | | | |

Serie 2 van 2, 14:07

| | | | |
|---|---------------------|----------------|---------|
| 1 | De Bruyne Sander | ISWIM/11139/13 | 1:16.46 |
| 2 | Vincent Rune | ISWIM/11106/12 | 1:10.04 |
| 3 | Van Daele Sem | ISWIM/11109/08 | 1:07.68 |
| 4 | Duflocq Seppe | ISWIM/11066/06 | 1:00.85 |
| 5 | Vandenberghe Simon | ISWIM/11070/09 | 1:03.24 |
| 6 | Bakx Warre | ZCK/12095/10 | 1:08.03 |
| 7 | Van Loon Bas | ZCK/12122/10 | 1:10.49 |
| 8 | Verherstraeten Kobe | DIZV/11104/10 | 1:17.98 |

Programmanr. 3
20/12/2025 - 14:09

Dames, 100m rugslag

open leeftijdsgroep
Startlijst

Serie 1 van 5, 14:09

| | | | |
|---|---------------------|--------------|----|
| 1 | | | |
| 2 | Van Calenbergh Lena | ZNA/21521/14 | NT |
| 3 | Huylebroeck Telma | ZNA/21520/14 | NT |
| 4 | Schaerlaeken Noor | ZCK/22121/13 | NT |
| 5 | Schaerlaeken Lana | ZCK/22111/11 | NT |
| 6 | Van Audenhove Laure | ZNA/21482/13 | NT |
| 7 | Talhaoui Hana | ZNA/21406/14 | NT |
| 8 | | | |

Serie 2 van 5, 14:12

| | | | |
|---|--------------------|----------------|---------|
| 1 | Duytschaever Lotte | ZNA/21474/12 | 1:50.02 |
| 2 | Fleerackers Laura | ZS/21147/14 | 1:40.29 |
| 3 | Jacob Emma | ZNA/21412/13 | 1:34.17 |
| 4 | Badidi Chahd | ZNA/21442/12 | 1:30.74 |
| 5 | Derudder Leah | ISWIM/21117/14 | 1:31.86 |
| 6 | Vandorpe Amber | ZNA/21477/13 | 1:38.62 |
| 7 | Vanderoost Clara | DIZV/21148/13 | 1:41.99 |
| 8 | De Saeger Julie | ZCK/22142/10 | NT |

Serie 3 van 5, 14:15

| | | | |
|---|----------------------|----------------|---------|
| 1 | Vermoesen Estée | DDAT/21169/12 | 1:30.41 |
| 2 | Dekein Marthe | ISWIM/21116/14 | 1:26.48 |
| 3 | Tyvaert Babette | ISWIM/21121/14 | 1:24.40 |
| 4 | Jacobs Laurien | ZCK/22082/08 | 1:22.50 |
| 5 | Nuytkens Marie | ZCK/22113/13 | 1:23.13 |
| 6 | Guldemont Nell | ZNA/21546/11 | 1:25.20 |
| 7 | Kemseke Jenne | ZNA/21378/11 | 1:29.36 |
| 8 | Lytvyjniuk-Hul Sofia | ZS/21136/14 | 1:30.50 |

Serie 4 van 5, 14:17

| | | | |
|---|--------------------|---------------|---------|
| 1 | Osselaer Geike | ZNA/21373/12 | 1:21.23 |
| 2 | Bayens Nina | ZNA/21544/12 | 1:19.65 |
| 3 | Van Camberg Elena | DDAT/21119/10 | 1:18.00 |
| 4 | Franckx Margaux | DDAT/21132/11 | 1:16.86 |
| 5 | Wachtelaer Charlot | AST/21051/10 | 1:17.81 |
| 6 | Osselaer Kato | ZNA/21337/10 | 1:19.13 |
| 7 | De Troyer Elise | ZNA/21530/10 | 1:20.46 |
| 8 | Maes Hanne | AST/21068/13 | 1:21.57 |

Serie 5 van 5, 14:19

| | | | |
|---|-----------------------|----------------|---------|
| 1 | Verret Julie | ZS/21124/12 | 1:16.67 |
| 2 | Trioen Joke | DDAT/20279/02 | 1:14.78 |
| 3 | Schellemans Charlotte | ZVL/21082/10 | 1:14.07 |
| 4 | Maes Noor | AST/21062/11 | 1:12.70 |
| 5 | Tyvaert Manon | ISWIM/21078/08 | 1:13.14 |
| 6 | De Bruyne Silke | ISWIM/21138/11 | 1:14.68 |
| 7 | Dekein Yuta | ISWIM/21092/12 | 1:16.08 |
| 8 | Landrieu Nora | ZIOS/21100/10 | 1:16.69 |

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Aalst, 20/12/2025

Programmanr. 4
20/12/2025 - 14:22

Heren, 100m rugslag

open leeftijdsgroep
Startlijst

Serie 1 van 3, 14:22

| | | | |
|---|-------------------|---------------|---------|
| 1 | Blondeel Nils | ZNA/11494/13 | NT |
| 2 | Lanckman Cas | ZNA/11519/14 | 1:43.81 |
| 3 | Props Lukas | DIZV/11147/13 | 1:35.61 |
| 4 | Verstrynge Oscar | DIZV/11154/11 | 1:30.87 |
| 5 | Bossuyt Lias | DIZV/11146/12 | 1:31.05 |
| 6 | Haezebrouck Thijs | DIZV/11139/13 | 1:38.40 |
| 7 | Vanderwee Mattias | ZCK/12137/12 | NT |
| 8 | Verhaevert Fen | ZNA/11481/13 | NT |

Serie 2 van 3, 14:24

| | | | |
|---|------------------------|----------------|---------|
| 1 | Peeters Samuel | ZS/11133/12 | 1:27.21 |
| 2 | Berville Brice | ISWIM/11112/12 | 1:22.52 |
| 3 | Dierckx Andreas | ISWIM/11093/12 | 1:19.58 |
| 4 | Claeys Ybo | ISWIM/11101/13 | 1:17.86 |
| 5 | Houthoofd Thibaud | RZV/11144/12 | 1:17.87 |
| 6 | Beheyth Mathis | ISWIM/11113/12 | 1:20.07 |
| 7 | Van Den Brecht Mathias | AZL/11097/11 | 1:23.08 |
| 8 | Talhaoui Maher | ZNA/11405/12 | 1:28.17 |

Serie 3 van 3, 14:27

| | | | |
|---|-----------------|----------------|---------|
| 1 | Van Neer Lowiek | SWEM/11069/10 | 1:09.97 |
| 2 | Seghers Michiel | DDAT/11098/07 | 1:08.86 |
| 3 | De Ridder Arne | ZS/11140/12 | 1:07.24 |
| 4 | Dehaene Jule | ISWIM/11069/09 | 1:05.47 |
| 5 | Doomen Marnix | ZVL/11080/09 | 1:07.14 |
| 6 | Wojciula Tymon | ZNA/11416/11 | 1:08.13 |
| 7 | Beernaert Daan | FIRST/11314/10 | 1:09.57 |
| 8 | Maes Jordy | AZL/31020/03 | 1:14.56 |

Programmanr. 5
20/12/2025 - 14:29

Dames, 100m schoolslag

open leeftijdsgroep
Startlijst

Serie 1 van 4, 14:29

| | | | |
|---|---------------------|---------------|---------|
| 1 | Vandewalle H el ene | RZV/21183/13 | NT |
| 2 | Van Calenberg Lena | ZNA/21521/14 | 2:00.24 |
| 3 | Vellemans Lore | ZNA/21475/13 | 1:49.41 |
| 4 | La Marca Emma | DIZV/21159/13 | 1:47.72 |
| 5 | Deneef Ella | ZNA/21473/13 | 1:48.36 |
| 6 | Clabaut Elina | DIZV/21156/14 | 1:56.41 |
| 7 | Tratsaert Robynne | DIZV/21164/16 | NT |
| 8 | El Hachimi Nora | DIZV/21155/13 | NT |

Serie 2 van 4, 14:32

| | | | |
|---|-----------------------|---------------|---------|
| 1 | Moxhet Tess | DIZV/21133/13 | 1:45.84 |
| 2 | Hoebbeck Tinne | ZNA/21330/10 | 1:43.14 |
| 3 | Debaets Elien | AZL/21118/13 | 1:38.65 |
| 4 | Biesemans Jana | ZIOS/21109/13 | 1:34.22 |
| 5 | Van Den Brecht Sarah | AZL/21085/10 | 1:34.42 |
| 6 | De Wilde Lore | DIZV/21127/11 | 1:39.69 |
| 7 | Van Hoomissen Chelsea | ZCK/22112/12 | 1:44.02 |
| 8 | Vanderroost Anna | DIZV/21152/14 | 1:46.07 |

Serie 3 van 4, 14:34

| | | | |
|---|-------------------------|----------------|---------|
| 1 | Verdood Pip | ZVL/21086/11 | 1:31.89 |
| 2 | Van Nieuwenhuysen Lotte | ZNA/21414/12 | 1:30.94 |
| 3 | Verherstraeten Lore | DIZV/21108/11 | 1:28.93 |
| 4 | Vanderbeke Hasse | AST/21052/08 | 1:27.46 |
| 5 | Claeys Inna | ISWIM/21085/11 | 1:28.77 |
| 6 | Hauspie Nore | ISWIM/21110/10 | 1:29.41 |
| 7 | Eelbode Emelie | ZNA/21374/12 | 1:31.16 |
| 8 | De Prater Juno | DDAT/21148/11 | 1:32.25 |

Serie 4 van 4, 14:36

| | | | |
|---|----------------------|----------------|---------|
| 1 | Vandermarliere Juna | ISWIM/21090/11 | 1:25.93 |
| 2 | Bullen Lotte | ZNA/21538/11 | 1:24.31 |
| 3 | Legrand Alicia | ZNA/21411/12 | 1:23.82 |
| 4 | Donin Manon | ZIOS/21069/08 | 1:15.69 |
| 5 | Van Der Meeren Lotte | DDAT/21118/10 | 1:19.41 |
| 6 | Osselaer Kato | ZNA/21337/10 | 1:23.89 |
| 7 | Verniers Nime | ZS/21114/11 | 1:25.28 |
| 8 | Reychler Jinne | ZNA/21342/09 | 1:26.79 |

Programmanr. 6
20/12/2025 - 14:38

Heren, 100m schoolslag

open leeftijdsgroep
Startlijst

Serie 1 van 3, 14:38

| | | | |
|---|------------------------|---------------|---------|
| 1 | Van Den Brecht Mathias | AZL/11097/11 | NT |
| 2 | Blondeel Nils | ZNA/11494/13 | NT |
| 3 | Buelens Ruud | ZNA/11480/13 | 1:50.60 |
| 4 | De Mesmaeker Loann | DDAT/11149/13 | 1:33.99 |
| 5 | Van Calenberg Nathan | ZNA/11478/12 | 1:45.45 |
| 6 | Debolle Kyan | ZNA/11387/13 | NT |
| 7 | Windels Maxent | RZV/11189/14 | NT |
| 8 | | | |

Serie 2 van 3, 14:41

| | | | |
|---|-------------------|----------------|---------|
| 1 | Meul Rune | ISWIM/11119/13 | 1:25.68 |
| 2 | Waltniel Bavo | ZNA/11542/12 | 1:24.83 |
| 3 | Delcoigne Nathan | DDAT/11138/11 | 1:23.00 |
| 4 | Ahallal Adam | ZNA/11274/09 | 1:21.09 |
| 5 | De Backer Rune | ZNA/11329/11 | 1:22.85 |
| 6 | De Donder Thor | ZNA/11376/12 | 1:24.30 |
| 7 | Ter-Eganyan Arman | ZNA/11415/12 | 1:25.65 |
| 8 | Rogiers Jack | ISWIM/11124/14 | 1:33.54 |

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Programmanr. 6, Heren, 100m schoolslag

Serie 3 van 3, 14:43

| | | | |
|---|-----------------------|----------------|---------|
| 1 | De Peyper Mats | ZIOS/11113/11 | 1:20.29 |
| 2 | Pauwels Millau | ISWIM/11086/11 | 1:18.67 |
| 3 | Vanderhaeghe Antwan | ISWIM/11097/09 | 1:16.20 |
| 4 | van Groenigen Karsten | STZ/11069/08 | 1:04.72 |
| 5 | Dekyvere Mathias | ZNA/11540/09 | 1:15.03 |
| 6 | Vanstechelman Lucas | DDAT/11136/11 | 1:18.41 |
| 7 | Waltniel Nand | ZNA/11543/10 | 1:18.96 |
| 8 | Hauspie Niel | ISWIM/11114/13 | 1:20.73 |

Programmanr. 7
20/12/2025 - 14:45

Dames, 100m vrije slag

open leeftijdsgroep
Startlijst

Serie 1 van 2, 14:45

| | | | |
|---|---------------------|---------------|---------|
| 1 | Vandewalle H el ene | RZV/21183/13 | 1:37.45 |
| 2 | Van Audenhove Laure | ZNA/21482/13 | 1:23.37 |
| 3 | De Sitter Kira | ZCK/22115/12 | 1:20.11 |
| 4 | Guldemont Nell | ZNA/21546/11 | 1:11.41 |
| 5 | Deneef Ella | ZNA/21473/13 | 1:16.36 |
| 6 | Tronckoe Bente | DDAT/21167/13 | 1:23.02 |
| 7 | Props Karlien | DIZV/21151/15 | 1:35.17 |
| 8 | | | |

Serie 2 van 2, 14:47

| | | | |
|---|-------------------|----------------|---------|
| 1 | De Troyer Elise | ZNA/21530/10 | 1:09.10 |
| 2 | De Becker Loren | ZS/21043/07 | 1:06.34 |
| 3 | Tyvaert Manon | ISWIM/21078/08 | 1:02.82 |
| 4 | Callewaert Jackie | ISWIM/21108/08 | 1:01.52 |
| 5 | Ciobanu Anastasia | DDAT/21112/09 | 1:01.97 |
| 6 | Nsubuga Sofia | DDAT/21172/11 | 1:06.03 |
| 7 | De Grootte Liesl | ZNA/21537/10 | 1:06.62 |
| 8 | Van Dorpe Ada | ZNA/21372/11 | 1:09.49 |

Programmanr. 8
20/12/2025 - 14:49

Heren, 100m vrije slag

open leeftijdsgroep
Startlijst

Serie 1 van 3, 14:49

| | | | |
|---|-----------------------|---------------|---------|
| 1 | Lanckman Cas | ZNA/11519/14 | 1:30.76 |
| 2 | Lebbe Ilan | ZNA/11311/12 | 1:23.60 |
| 3 | Vandepitte Kyan | DDAT/11158/13 | 1:20.13 |
| 4 | Ter-Eganyan Arman | ZNA/11415/12 | 1:10.71 |
| 5 | Talhaoui Maher | ZNA/11405/12 | 1:12.62 |
| 6 | Buelens Ruud | ZNA/11480/13 | 1:22.48 |
| 7 | Van Calenbergh Nathan | ZNA/11478/12 | 1:27.10 |
| 8 | Tahiraj Duquesne Luan | DIZV/11165/15 | NT |

Serie 2 van 3, 14:52

| | | | |
|---|------------------|----------------|---------|
| 1 | Osselaer Elano | ZNA/11371/11 | 1:07.89 |
| 2 | Poppe Warre | AZL/11112/11 | 1:04.14 |
| 3 | Verhaevert Nan | ZNA/11328/10 | 1:03.69 |
| 4 | Volckaert Thomas | ZIOS/11106/10 | 1:00.37 |
| 5 | Hooghe Mauro | ISWIM/11087/11 | 1:01.65 |
| 6 | Janssoone Dennis | ZNA/11269/09 | 1:03.84 |
| 7 | De Backer Brent | ZIOS/11101/10 | 1:04.55 |
| 8 | Bombeek Mathias | ZNA/11417/12 | 1:09.04 |

Serie 3 van 3, 14:53

| | | | |
|---|--------------------|----------------|-------|
| 1 | Wachtelaer Celle | AST/11061/12 | 59.43 |
| 2 | Catry Gaetan | ZNA/11253/09 | 58.23 |
| 3 | Seys Wout | ISWIM/11076/10 | 55.26 |
| 4 | Laureyssens Daniel | ZS/11001/04 | 50.70 |
| 5 | Verroken Gerben | ZIOS/11130/08 | 54.82 |
| 6 | Caudron Xibe | ZNA/11331/08 | 57.11 |
| 7 | Wojciula Tymon | ZNA/11416/11 | 58.80 |
| 8 | Cherrett  Balder | AST/11056/10 | 59.85 |

Programmanr. 9
20/12/2025 - 14:55

Dames, 200m wisselslag

open leeftijdsgroep
Startlijst

Serie 1 van 3, 14:55

| | | | |
|---|--------------------|----------------|---------|
| 1 | | | |
| 2 | | | |
| 3 | Fleerackers Laura | ZS/21147/14 | NT |
| 4 | Derudder Leah | ISWIM/21117/14 | 3:29.70 |
| 5 | Duytschaever Lotte | ZNA/21474/12 | NT |
| 6 | | | |
| 7 | | | |
| 8 | | | |

Serie 2 van 3, 14:59

| | | | |
|---|---------------------|---------------|---------|
| 1 | Lytvyniuk-Hul Sofia | ZS/21136/14 | 3:12.27 |
| 2 | Ndiaye Ma  | DDAT/21170/14 | 3:08.65 |
| 3 | Maes Hanne | AST/21068/13 | 3:01.19 |
| 4 | Legrand Alicia | ZNA/21411/12 | 2:55.87 |
| 5 | Lesseliers Emily | ZS/21113/13 | 3:00.67 |
| 6 | Kolicheva Katalaya | AST/21076/14 | 3:02.85 |
| 7 | Delcoigne Ella | DDAT/21161/14 | 3:09.59 |
| 8 | | | |

AST Midwintertest 2025
Aalst, 20/12/2025

Programmanr. 9, Dames, 200m wisselslag

Serie 3 van 3, 15:03

| | | | |
|---|--------------------|---------------|---------|
| 1 | Barragan Nena | DDAT/21123/10 | 2:49.06 |
| 2 | Maes Noor | AST/21062/11 | 2:48.18 |
| 3 | Wachtelaer Charlot | AST/21051/10 | 2:44.06 |
| 4 | De Backer Birgit | ZIOS/21066/09 | 2:35.88 |
| 5 | Guisset Jelle | AST/21057/10 | 2:36.91 |
| 6 | Van De Winkel Lola | AZL/21106/12 | 2:45.03 |
| 7 | Van Den Bergh Anna | ZS/21116/10 | 2:49.00 |
| 8 | Franckx Margaux | DDAT/21132/11 | 2:52.09 |

Programmanr. 10
20/12/2025 - 15:07

Heren, 200m wisselslag

open leeftijdsgroep
Startlijst

Serie 1 van 3, 15:07

| | | | |
|---|------------------|---------------|---------|
| 1 | | | |
| 2 | | | |
| 3 | Van Loon Bas | ZCK/12122/10 | NT |
| 4 | De Ridder Leon | ZNA/11410/12 | 3:22.75 |
| 5 | Jacquemyns Lewis | DDAT/11175/14 | 3:36.99 |
| 6 | | | |
| 7 | | | |
| 8 | | | |

Serie 2 van 3, 15:11

| | | | |
|---|------------------|----------------|---------|
| 1 | Boel Elias | AZL/11116/13 | 3:02.83 |
| 2 | Marius Mattis | AST/11070/13 | 2:54.61 |
| 3 | De Bruyne Sander | ISWIM/11139/13 | 2:51.43 |
| 4 | Berville Brice | ISWIM/11112/12 | 2:44.40 |
| 5 | Behey Mathis | ISWIM/11113/12 | 2:46.02 |
| 6 | De Weerd Bent | ZVL/11120/13 | 2:53.66 |
| 7 | Verhasselt Lars | DDAT/11151/11 | 2:56.75 |
| 8 | Lauwens Finn | ZCK/12138/14 | 3:11.46 |

Serie 3 van 3, 15:15

| | | | |
|---|----------------------|----------------|---------|
| 1 | Poppe Warre | AZL/11112/11 | 2:34.99 |
| 2 | Van den Broeck Lukas | ZNA/11197/08 | 2:31.78 |
| 3 | Hooghe Mauro | ISWIM/11087/11 | 2:25.68 |
| 4 | Laureyssens Lukas | ZS/11059/08 | 2:14.63 |
| 5 | Volckaert Matthias | ZIOS/11067/08 | 2:18.80 |
| 6 | Bakx Warre | ZCK/12095/10 | 2:28.04 |
| 7 | Puttaert Arthur | DDAT/11111/10 | 2:31.87 |
| 8 | Tronckoe Kobe | DDAT/11131/11 | 2:41.05 |

Programmanr. 11
20/12/2025 - 15:18

200m wisselslag

10 jaar
Startlijst

Serie 1 van 1, 15:18

| | | | |
|---|--------------------------|---------------|---------|
| 1 | | | |
| 2 | Keymeulen Albert | AST/11083/15 | NT |
| 3 | Havrin Maya | RZV/21185/15 | NT |
| 4 | Van Oosterwyck Alexander | ZS/11142/15 | 3:15.41 |
| 5 | Michiels Evelyn | DIZV/21153/15 | 3:57.67 |
| 6 | Huylebroeck Janne | AZL/21142/15 | NT |
| 7 | De Donder Flore | AST/21075/15 | NT |
| 8 | | | |

Programmanr. 12
20/12/2025 - 15:23

400m vrije slag

10 jaar
Startlijst

AST Midwintertest 2025
Aalst, 20/12/2025

Programmanr. 13
20/12/2025 - 15:23

Dames, 400m vrije slag

open leeftijdsgroep
Startlijst

Serie 1 van 3, 15:23

| | | | |
|---|-------------------|--------------|----|
| 1 | | | |
| 2 | Dumortier Milla | RZV/21169/13 | NT |
| 3 | Busquart Tina | RZV/21138/12 | NT |
| 4 | Van Laethem Mila | ZNA/21518/15 | NT |
| 5 | Badidi Chahd | ZNA/21442/12 | NT |
| 6 | Schaerlaeken Lana | ZCK/22111/11 | NT |
| 7 | | | |
| 8 | | | |

Serie 2 van 3, 15:30

| | | | |
|---|-------------------------|---------------|---------|
| 1 | Schaerlaeken Noor | ZCK/22121/13 | NT |
| 2 | Jacob Emma | ZNA/21412/13 | 6:03.31 |
| 3 | Delcoigne Ella | DDAT/21161/14 | 5:56.43 |
| 4 | Ndiaye Maï | DDAT/21170/14 | 5:46.59 |
| 5 | Osselaer Geike | ZNA/21373/12 | 5:49.37 |
| 6 | Van Dorpe Ada | ZNA/21372/11 | 5:59.10 |
| 7 | Van Nieuwenhuysse Lotte | ZNA/21414/12 | 6:29.15 |
| 8 | Vermeir Josefien | DDAT/21171/13 | NT |

Serie 3 van 3, 15:37

| | | | |
|---|-------------------------|---------------|---------|
| 1 | Vander Mijnsbrugge Lore | AZL/21109/12 | 5:39.33 |
| 2 | Van De Winkel Lola | AZL/21106/12 | 5:28.12 |
| 3 | Barragan Nena | DDAT/21123/10 | 5:13.39 |
| 4 | De Ridder Sterre | ZS/21080/08 | 4:48.48 |
| 5 | Bayens Nina | ZNA/21544/12 | 5:04.45 |
| 6 | Boterbergh Lieke | AST/21065/12 | 5:14.43 |
| 7 | Meganck Lio | AST/21063/11 | 5:30.97 |
| 8 | Jacobs Laurien | ZCK/22082/08 | 5:45.66 |

Programmanr. 14
20/12/2025 - 15:44

Heren, 400m vrije slag

open leeftijdsgroep
Startlijst

Serie 1 van 2, 15:44

| | | | |
|---|--------------------|---------------|---------|
| 1 | | | |
| 2 | | | |
| 3 | Debolle Kyan | ZNA/11387/13 | NT |
| 4 | De Mesmaeker Loann | DDAT/11149/13 | 6:02.20 |
| 5 | Vanderwee Mattias | ZCK/12137/12 | NT |
| 6 | | | |
| 7 | | | |
| 8 | | | |

Serie 2 van 2, 15:50

| | | | |
|---|------------------|---------------|---------|
| 1 | Vernaillen Seppe | ZNA/11541/12 | 5:50.57 |
| 2 | Jacquemyns Kobe | DDAT/11137/13 | 5:10.96 |
| 3 | Boone Felix | AZL/11111/09 | 5:05.73 |
| 4 | Mathieu Jack | ZS/11069/07 | 4:19.77 |
| 5 | Ahallal Adam | ZNA/11274/09 | 4:56.14 |
| 6 | Maes Jordy | AZL/31020/03 | 5:10.37 |
| 7 | De Roos Kasper | ZCK/12132/14 | 5:23.18 |
| 8 | | | |

Programmanr. 15
20/12/2025 - 15:57

Dames, 400m wisselslag

open leeftijdsgroep
Startlijst

Serie 1 van 1, 15:57

| | | | |
|---|-----------------|----------------|---------|
| 1 | | | |
| 2 | | | |
| 3 | De Bruyne Silke | ISWIM/21138/11 | 5:48.19 |
| 4 | Ruyssinck Diede | ZNA/21271/10 | 5:41.01 |
| 5 | Van Reeth Lieze | ZVL/21093/11 | 5:48.01 |
| 6 | De Wilde Lore | DIZV/21127/11 | NT |
| 7 | | | |
| 8 | | | |

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Programmanr. 16
20/12/2025 - 16:04

Heren, 400m wisselslag

open leeftijdsgroep
Startlijst

Serie 1 van 1, 16:04

| | | | |
|---|--------------------|----------------|---------|
| 1 | | | |
| 2 | Vandenberghe Simon | ISWIM/11070/09 | NT |
| 3 | Puttaert Arthur | DDAT/11111/10 | 5:30.38 |
| 4 | Persoons Emiel | ZIOS/11078/08 | 5:08.47 |
| 5 | Wijsgeer Viktor | ZVL/11112/10 | 5:26.57 |
| 6 | Mertens Gerben | ZVL/11097/11 | 5:34.02 |
| 7 | | | |
| 8 | | | |

Programmanr. 17
20/12/2025 - 16:11

Dames, 200m vlinderslag

open leeftijdsgroep
Startlijst

Serie 1 van 1, 16:11

| | | | |
|---|---------------|--------------|---------|
| 1 | | | |
| 2 | | | |
| 3 | | | |
| 4 | Engelen Floor | DBT/21146/12 | 2:42.01 |
| 5 | | | |
| 6 | | | |
| 7 | | | |
| 8 | | | |

Programmanr. 18
20/12/2025 - 16:14

Heren, 200m vlinderslag

open leeftijdsgroep
Startlijst

Serie 1 van 1, 16:14

| | | | |
|---|------------------|----------------|---------|
| 1 | | | |
| 2 | Mathieu Jack | ZS/11069/07 | NT |
| 3 | De Ridder Arne | ZS/11140/12 | 2:48.68 |
| 4 | Cherretté Balder | AST/11056/10 | 2:31.63 |
| 5 | Vincent Rune | ISWIM/11106/12 | 2:37.95 |
| 6 | Havrin Liam | RZV/11148/13 | NT |
| 7 | | | |
| 8 | | | |

Programmanr. 19
20/12/2025 - 16:18

Dames, 200m rugslag

open leeftijdsgroep
Startlijst

Serie 1 van 3, 16:18

| | | | |
|---|------------------|----------------|----|
| 1 | | | |
| 2 | Dekein Marthe | ISWIM/21116/14 | NT |
| 3 | Vanderbeke Hasse | AST/21052/08 | NT |
| 4 | El Hachimi Nora | DIZV/21155/13 | NT |
| 5 | La Marca Emma | DIZV/21159/13 | NT |
| 6 | Biesemans Jana | ZIOS/21109/13 | NT |
| 7 | | | |
| 8 | | | |

Serie 2 van 3, 16:22

| | | | |
|---|---------------------|----------------|---------|
| 1 | Vanderoost Anna | DIZV/21152/14 | NT |
| 2 | Lesseliers Emily | ZS/21113/13 | 3:01.45 |
| 3 | Caenepeel Aimée | ISWIM/21111/11 | 2:55.52 |
| 4 | Verniers Nime | ZS/21114/11 | 2:44.97 |
| 5 | De Vocht Anne-Julie | ZS/21119/11 | 2:51.81 |
| 6 | Nuytkens Marie | ZCK/22113/13 | 3:00.91 |
| 7 | Tyvaert Babette | ISWIM/21121/14 | 3:08.77 |
| 8 | Clabaut Elina | DIZV/21156/14 | NT |

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Programmanr. 19, Dames, 200m rugslag

Serie 3 van 3, 16:26

| | | | |
|---|-----------------------|----------------|---------|
| 1 | De Becker Loren | ZS/21043/07 | 2:43.60 |
| 2 | Schellemans Charlotte | ZVL/21082/10 | 2:41.19 |
| 3 | Trioen Joke | DDAT/20279/02 | 2:37.82 |
| 4 | Ciobanu Anastasia | DDAT/21112/09 | 2:35.05 |
| 5 | De Backer Birgit | ZIOS/21066/09 | 2:36.63 |
| 6 | Dekein Yuta | ISWIM/21092/12 | 2:38.91 |
| 7 | Landrieu Nora | ZIOS/21100/10 | 2:43.06 |
| 8 | Verret Julie | ZS/21124/12 | 2:44.55 |

Programmanr. 20
20/12/2025 - 16:30

Heren, 200m rugslag

open leeftijdsgroep
Startlijst

Serie 1 van 3, 16:30

| | | | |
|---|-----------------|----------------|---------|
| 1 | | | |
| 2 | | | |
| 3 | Rogiers Jack | ISWIM/11124/14 | NT |
| 4 | Boel Elias | AZL/11116/13 | 3:08.25 |
| 5 | Vandepitte Kyan | DDAT/11158/13 | NT |
| 6 | | | |
| 7 | | | |
| 8 | | | |

Serie 2 van 3, 16:34

| | | | |
|---|-----------------|----------------|---------|
| 1 | | | |
| 2 | De Ridder Leon | ZNA/11410/12 | 3:04.70 |
| 3 | Dierckx Andreas | ISWIM/11093/12 | 2:51.07 |
| 4 | De Cock Matz | AZL/11104/10 | 2:45.88 |
| 5 | Claeys Ybo | ISWIM/11101/13 | 2:46.38 |
| 6 | Peeters Samuel | ZS/11133/12 | 2:59.21 |
| 7 | Meul Rune | ISWIM/11119/13 | 3:05.41 |
| 8 | | | |

Serie 3 van 3, 16:38

| | | | |
|---|-------------------|----------------|---------|
| 1 | De Backer Brent | ZIOS/11101/10 | 2:38.95 |
| 2 | Beernaert Daan | FIRST/11314/10 | 2:33.64 |
| 3 | Dehaene Jule | ISWIM/11069/09 | 2:21.41 |
| 4 | Laureyssens Lukas | ZS/11059/08 | 2:17.76 |
| 5 | Seys Wout | ISWIM/11076/10 | 2:18.79 |
| 6 | Doomen Marnix | ZVL/11080/09 | 2:30.22 |
| 7 | Tronckoe Kobe | DDAT/11131/11 | 2:37.82 |
| 8 | Houthoofd Thibaud | RZV/11144/12 | 2:44.38 |

Programmanr. 21
20/12/2025 - 16:42

Dames, 200m schoolslag

open leeftijdsgroep
Startlijst

Serie 1 van 3, 16:42

| | | | |
|---|-----------------|---------------|----|
| 1 | | | |
| 2 | | | |
| 3 | Michiels Evelyn | DIZV/21153/15 | NT |
| 4 | Tronckoe Bente | DDAT/21167/13 | NT |
| 5 | Props Karlien | DIZV/21151/15 | NT |
| 6 | | | |
| 7 | | | |
| 8 | | | |

Serie 2 van 3, 16:47

| | | | |
|---|-------------------|---------------|---------|
| 1 | Dumortier Milla | RZV/21169/13 | NT |
| 2 | Busquart Tina | RZV/21138/12 | NT |
| 3 | Moxhet Tess | DIZV/21133/13 | 4:08.46 |
| 4 | Huylebroeck Telma | ZNA/21520/14 | 3:46.14 |
| 5 | De Wilde Margot | DIZV/21131/13 | 3:54.73 |
| 6 | Vermoesen Estée | DDAT/21169/12 | 4:13.57 |
| 7 | De Saeger Julie | ZCK/22142/10 | NT |
| 8 | Vanderoost Clara | DIZV/21148/13 | NT |

Serie 3 van 3, 16:52

| | | | |
|---|--------------------|---------------|---------|
| 1 | Talhaoui Hana | ZNA/21406/14 | 3:39.61 |
| 2 | De Sitter Kira | ZCK/22115/12 | 3:21.04 |
| 3 | Reychler Jinne | ZNA/21342/09 | 3:04.26 |
| 4 | Donin Manon | ZIOS/21069/08 | 2:47.22 |
| 5 | Van Den Bergh Anna | ZS/21116/10 | 2:58.01 |
| 6 | Nsubuga Sofia | DDAT/21172/11 | 3:09.56 |
| 7 | Kemseke Jenne | ZNA/21378/11 | 3:29.52 |
| 8 | Vandorpe Amber | ZNA/21477/13 | 3:40.91 |

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Programmanr. 22
20/12/2025 - 16:56

Heren, 200m schoolslag

open leeftijdsgroep
Startlijst

Serie 1 van 3, 16:56

| | | | |
|---|-----------------------|---------------|---------|
| 1 | Bombeec Mathias | ZNA/11417/12 | NT |
| 2 | Verstryng Oscar | DIZV/11154/11 | 4:26.36 |
| 3 | Bossuyt Lias | DIZV/11146/12 | 3:48.81 |
| 4 | Verhasselt Lars | DDAT/11151/11 | 3:29.65 |
| 5 | Marius Mattis | AST/11070/13 | 3:30.07 |
| 6 | Haezebrouck Thijs | DIZV/11139/13 | 4:16.29 |
| 7 | Tahiraj Duquesne Luan | DIZV/11165/15 | NT |
| 8 | Jacquemyns Lewis | DDAT/11175/14 | NT |

Serie 2 van 3, 17:01

| | | | |
|---|----------------------|----------------|---------|
| 1 | Waltniel Bavo | ZNA/11542/12 | 3:07.28 |
| 2 | De Donder Thor | ZNA/11376/12 | 2:59.16 |
| 3 | Hauspie Niel | ISWIM/11114/13 | 2:54.18 |
| 4 | Van den Broeck Lukas | ZNA/11197/08 | 2:52.92 |
| 5 | Catry Gaetan | ZNA/11253/09 | 2:53.60 |
| 6 | Delcoigne Nathan | DDAT/11138/11 | 2:58.82 |
| 7 | De Backer Rune | ZNA/11329/11 | 3:04.74 |
| 8 | Jacquemyns Kobe | DDAT/11137/13 | 3:25.33 |

Serie 3 van 3, 17:05

| | | | |
|---|-----------------------|----------------|---------|
| 1 | De Peyper Mats | ZIOS/11113/11 | 2:50.52 |
| 2 | Dekyvere Mathias | ZNA/11540/09 | 2:49.40 |
| 3 | Dufloucq Seppe | ISWIM/11066/06 | 2:43.12 |
| 4 | van Groenigen Karsten | STZ/11069/08 | 2:23.53 |
| 5 | Wijsgeer Viktor | ZVL/11112/10 | 2:37.20 |
| 6 | Van Daele Sem | ISWIM/11109/08 | 2:44.20 |
| 7 | Mertens Gerben | ZVL/11097/11 | 2:49.81 |
| 8 | Vanstechelman Lucas | DDAT/11136/11 | 2:50.78 |

Programmanr. 23
20/12/2025 - 17:09

Dames, 200m vrije slag

open leeftijdsgroep
Startlijst

Serie 1 van 3, 17:09

| | | | |
|---|----------------------|---------------|---------|
| 1 | Bullen Lotte | ZNA/21538/11 | NT |
| 2 | Vellemans Lore | ZNA/21475/13 | 3:08.29 |
| 3 | Van Camberg Elena | DDAT/21119/10 | 2:40.93 |
| 4 | Wyffels Louise Marie | DDAT/21150/13 | 2:39.85 |
| 5 | De Prater Juno | DDAT/21148/11 | 2:40.56 |
| 6 | Debaets Elien | AZL/21118/13 | 2:47.67 |
| 7 | Volders Ella | ZVL/21130/13 | NT |
| 8 | Tratsaert Robynne | DIZV/21164/16 | NT |

Serie 2 van 3, 17:13

| | | | |
|---|------------------------|----------------|---------|
| 1 | Meganck Lio | AST/21063/11 | 2:34.52 |
| 2 | Vander Mijsbrugge Lore | AZL/21109/12 | 2:31.88 |
| 3 | Boterbergh Lieke | AST/21065/12 | 2:30.85 |
| 4 | De Wolf Tine | AST/21058/09 | 2:27.08 |
| 5 | Hauspie Nore | ISWIM/21110/10 | 2:29.56 |
| 6 | Claeys Inna | ISWIM/21085/11 | 2:30.85 |
| 7 | Hoebeeck Tinne | ZNA/21330/10 | 2:33.24 |
| 8 | Van Hoomissen Chelsea | ZCK/22112/12 | 2:36.09 |

Serie 3 van 3, 17:16

| | | | |
|---|----------------------|----------------|---------|
| 1 | Van Der Meeren Lotte | DDAT/21118/10 | 2:25.63 |
| 2 | Eelbode Emelie | ZNA/21374/12 | 2:19.91 |
| 3 | Jacobs Lotte | ZVL/21061/09 | 2:19.03 |
| 4 | Callewaert Jackie | ISWIM/21108/08 | 2:18.00 |
| 5 | Vandermarliere Juna | ISWIM/21090/11 | 2:18.91 |
| 6 | Verdood Pip | ZVL/21086/11 | 2:19.60 |
| 7 | Quartier Philine | ISWIM/21094/09 | 2:22.07 |
| 8 | Verherstraeten Lore | DIZV/21108/11 | 2:25.95 |

Programmanr. 24
20/12/2025 - 17:19

Heren, 200m vrije slag

open leeftijdsgroep
Startlijst

Serie 1 van 3, 17:19

| | | | |
|---|---------------------|---------------|---------|
| 1 | De Roos Kasper | ZCK/12132/14 | NT |
| 2 | Lauwens Finn | ZCK/12138/14 | NT |
| 3 | De Weerd Bent | ZVL/11120/13 | NT |
| 4 | Verherstraeten Kobe | DIZV/11104/10 | 2:37.56 |
| 5 | Props Lukas | DIZV/11147/13 | 3:09.69 |
| 6 | Windels Maxent | RZV/11189/14 | NT |
| 7 | Verroken Gerben | ZIOS/11130/08 | NT |
| 8 | | | |

Serie 2 van 3, 17:23

| | | | |
|---|---------------------|----------------|---------|
| 1 | Waltniel Nand | ZNA/11543/10 | 2:30.47 |
| 2 | Janssoone Dennis | ZNA/11269/09 | 2:26.31 |
| 3 | Boone Felix | AZL/11111/09 | 2:23.51 |
| 4 | Vanderhaeghe Antwan | ISWIM/11097/09 | 2:14.65 |
| 5 | Verhaevert Nan | ZNA/11328/10 | 2:17.56 |
| 6 | De Cock Matz | AZL/11104/10 | 2:24.03 |
| 7 | Osselaer Elano | ZNA/11371/11 | 2:30.32 |
| 8 | Vernaillen Seppe | ZNA/11541/12 | 2:35.27 |

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Programmanr. 24, Heren, 200m vrije slag

Serie 3 van 3, 17:26

| | | | |
|---|--------------------|----------------|---------|
| 1 | Caudron Xibe | ZNA/11331/08 | 2:12.34 |
| 2 | Wachtelaer Celle | AST/11061/12 | 2:09.46 |
| 3 | Seghers Michiel | DDAT/11098/07 | 2:04.70 |
| 4 | Laureyssens Daniel | ZS/11001/04 | 1:52.21 |
| 5 | Volckaert Matthias | ZIOS/11067/08 | 2:04.64 |
| 6 | Persoons Emiel | ZIOS/11078/08 | 2:08.26 |
| 7 | Volckaert Thomas | ZIOS/11106/10 | 2:11.29 |
| 8 | Pauwels Millau | ISWIM/11086/11 | 2:12.96 |